

The main goal of the articles we offer in this section is to inform moms and dads about important aspects regarding the baby's and mother's health. To be informed is the best way to prevent and anticipate issues as illnesses, to avoid them or to know how to act in case they appear.



What are vaccines? Why is important to vaccinate our babies? What is the vaccination schedule in my region or community?

Vaccines are substances made of microorganisms that are administered in different periods of our lives, specially during childhood, in order to protect us from specific illnesses. These vaccines make our bodies produce the necessary defenses, that in the case of future exposure to the microorganism we are vaccinated against, we will not suffer the illness it generates..

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